



RacingAhead.org

Understanding & Enhancing Child Development

Your Baby is Amazing!

Look How Much Your Baby Can Do By 24 Months!

By 3 MONTHS:

- I can recognize your face and voice
- I can respond to your smile and touch
- I can tell you if I am sleepy, hungry, happy, or uncomfortable through my sounds, facial expressions and movements
- I can grab your finger or a toy that you put in my hand

By 6 MONTHS:

- I can lift my head by pushing up on my arms to see you
- I may even start to roll to get closer to you or to get a toy
- I can reach for and grasp toys or objects that interest me
- I explore objects with my fingers and my mouth
- If you shake a toy, I might show you I want to play by smiling or moving my arms and legs
- I can babble, coo, and make some sounds
- I can hold my head steady and sit when you help me

By 9 MONTHS:

- I can copy you to try and figure out how things work and play with you
- I want to see where objects go when I drop them
- I can sit on my own
- I can crawl or scoot to get where I want to go
- I can pick up small objects with my thumb and other fingers
- I babble a lot
- When you talk to me, I may make sounds to try and talk back!
- I can copy you when you wave bye-bye or shake your head "no-no"
- I notice new people more and may be either shy or may want to play with them
- I am starting to express my feeling with my voice when I am happy or mad

By 12 MONTHS:

- I can understand a lot more than I can say
- I can follow directions like "get your blanket"
- I can crawl or scoot in a way that works for me
- I can hold on to furniture to walk and might start to walk on my own!
- I notice when things are gone out of sight, especially you!
- I can tell you what I want through sounds and body movements and may even say word or two, like dada.

By 15 MONTHS:

- I can walk when you hold my hand or on my own
- I am learning to crawl up stairs, but not down yet
- I can turn pages of a book
- I can throw a ball
- I can use some words like ba-ba for bottle
- I can point to some body parts or pictures in a book
- I like to do some things by myself now and may say no to you
- I like to copy you by pretending to cook food or talk on the phone

By 18 MONTHS:

- I can walk and may be running and climbing
- I can feed myself
- I repeat things that make you laugh to laugh with you
- I can scribble with a crayon
- I can build with blocks
- I can understand directions like "put the cup on the table"
- I combine sounds and actions like pointing to a cup and saying wawa
- I like solving problems by doing things over and over and seeing how they work or pushing a chair to the table to try and see what's on it
- I like to do things that you do like wiping the table or picking up toys
- Mine! Is my favorite word

By 24 MONTHS:

- I might have 50 to 100 words that I can say
- I might even put 2 words together to make a sentence
- I can use my imagination and make noises when I play like making eating sounds when I feed a baby doll, or vroom-vroom when I play with cars
- I might like to sort things like putting all of my trains together and cars together in piles
- I like to fill and dump things, open and close things and see how they work.
- If you tell me my soup is hot, I might blow on it.
- If you tell me we are going outside I might try and put my coat on by myself
- I can understand what no means, but please be patient with me; I can't always control myself just yet!

Developmental milestones give a general idea about what to expect from children at different ages. There will always be differences between individual children. Some children begin to walk at 10 months, some at 15 months. Talk to your pediatrician if you have questions or contact us at (877) 815-RACE (7223) or info@racingahead.org.